

# LUNCH & LEARN



## Cochrane Reviews finden: Einführung in die Cochrane Library



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**Moderation/Host:** Angelika Eisele-Metzger

(Cochrane Deutschland Stiftung,  
Institut für Evidenz in der Medizin, Freiburg)

Zuverlässige Evidenz.  
Informierte Entscheidungen.  
Bessere Gesundheit.

Gefördert durch:



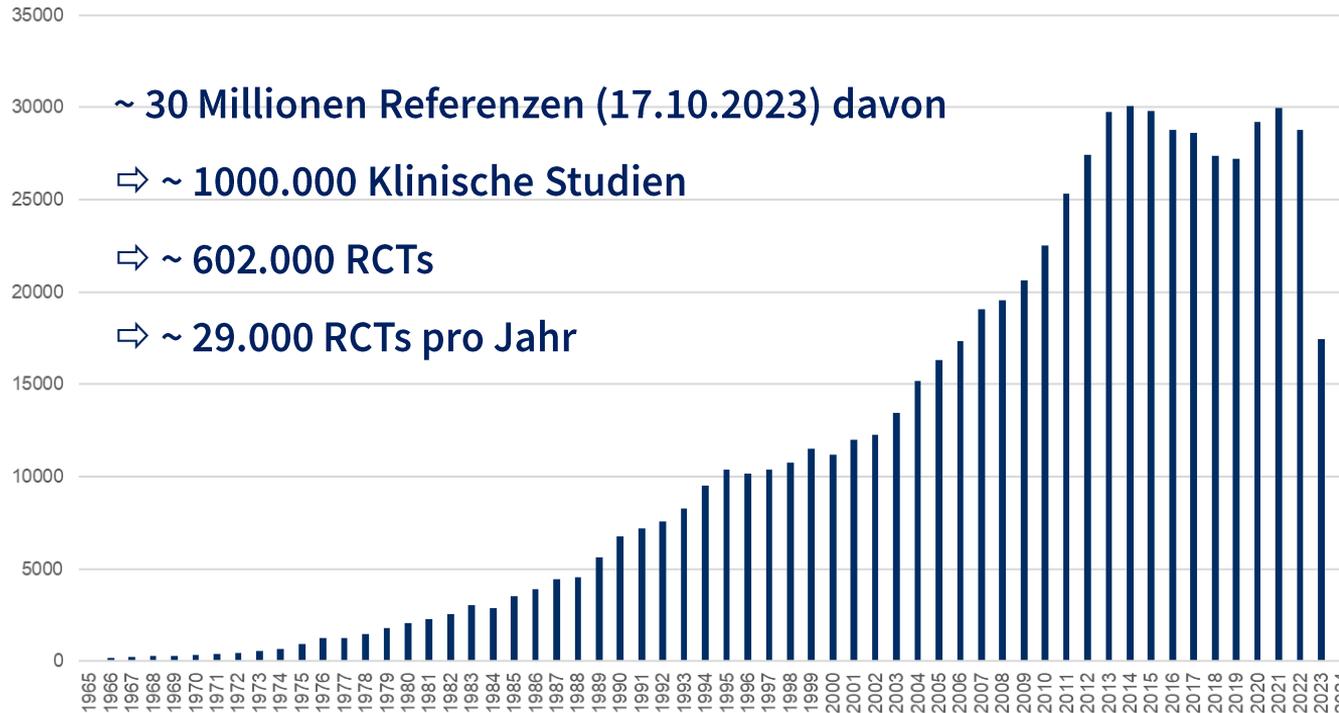
aufgrund eines Beschlusses  
des Deutschen Bundestages



# Darlegung von Interessenskonflikten

- Wissenschaftliche Mitarbeiterin in der Cochrane Deutschland Stiftung, Freiburg
- Die Referentin versichert, dass in Bezug auf den Inhalt des folgenden Vortrags in den letzten 3 Jahren keine Interessenskonflikte bestanden, die sich aus Beziehungen zu einem Unternehmen ergeben, z. B. einem Beschäftigungsverhältnis, einer Beratertätigkeit oder finanziellen Zuwendungen für Forschungsvorhaben, Vorträge oder andere Tätigkeiten.

# Problem Informationsflut

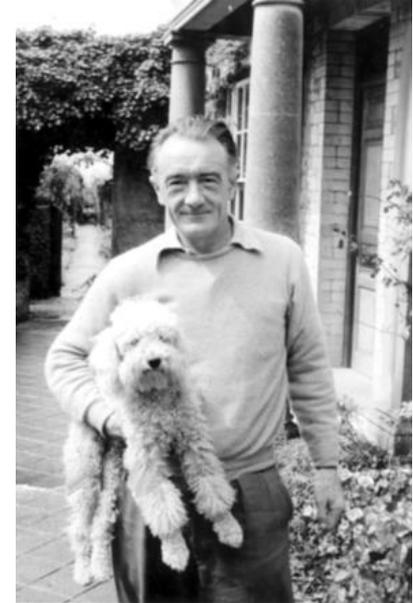


PubMed Recherche : randomized controlled trial[pt]

„It is surely a great criticism of our profession that we have not **organized a critical summary**, by specialty or subspecialty, **adapted periodically**, of all relevant randomized controlled trials.“ (1979)

- Zusammenfassung von Evidenz
- systematische Organisation
- kritische Studienbewertung
- Aktualität

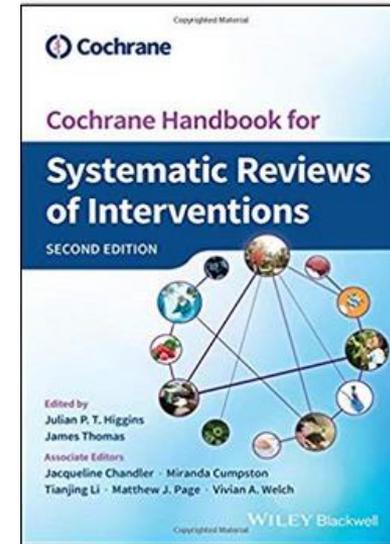
## → Systematische Reviews



Archibald Leman Cochrane  
(1909-1988)

# Vorteile Cochrane Reviews

- 1. Hohe Qualität:** strenge methodische Standards, Qualitätsprüfungen
- 2. Unabhängigkeit:** keine kommerzielle Finanzierung, Darlegung von Interessenskonflikten
- 3. Transparente Methodik:** nachvollziehbare Dokumentation
- 4. Aktualisierungen**



Cochrane Handbook Version 6  
<https://training.cochrane.org/handbook/current>

82% der aktuellen S3-Leitlinien zitieren mind. 1 Cochrane Review

# Wo findet man systematische Reviews für klinische Fragestellungen (Auswahl)?



[www.pubmed.gov](http://www.pubmed.gov)

[www.epistemonikos.org](http://www.epistemonikos.org)

[www.cochranelibrary.com](http://www.cochranelibrary.com)

- Große Datenbank für biomedizinische Literatur
- Enthält verschiedene Publikationstypen

- Größte Datenbank für systematische Reviews
- Suche in 10 bibliographischen Datenbanken gleichzeitig

- Datenbank für Cochrane Reviews

ARTICLE TYPE

- Books and Documents
- Clinical Trial
- Meta-Analysis
- Randomized Controlled Trial
- Review
- Systematic Review

→ Suchen kostenfrei, Volltexte u.U. kostenpflichtig

# Lernziele

- **Aufbau** und **Inhalte** der Cochrane Library verstehen
- Verschiedene **Suchmöglichkeiten** für Cochrane Reviews kennen

# Überblick

- 1. Inhalte der Cochrane Library**
2. Suchmöglichkeiten nach Cochrane Reviews
3. Exemplarische Suche
4. Hilfreiche Materialien

**Music-based therapy for people with dementia**  
Read the review**Precision nutrition interventions**  
Read the review**Physical rehabilitation following stroke**  
Read the review

Highlighted reviews

Editorials

Special Collections

**Implementation strategies for WHO guidelines to prevent, detect, and treat postpartum hemorrhage**

Katharine Semrau, Ethan Litman, Rose L. Molina, Megan Marx Delaney, Leslie Chol, Lindsay Robertson, Anna H Noel Starr, Joanne Marie Guise

26 February 2025

**Tranexamic acid for preventing postpartum haemorrhage after vaginal birth**

Christa Rohwer, Anke C Rohwer, Catherine Claver, Katharine Ker, G Justus Hofmeyr

15 January 2025

**Interventions implemented through sporting organisations for promoting healthy behaviour or improving health outcomes**

Rebecca K Hodder, Kate M O'Brien, Muamar Al Gobari, Aline Flatz, Annegret Borchard, Irma Klerings, Tara Clinton McHarg, Melanie Kingsland, Erik von Elm

13 January 2025

**Incentives for smoking cessation**

Caitlin Notley, Sarah Gentry, Jonathan Livingstone Banks, Linda Bauld, Rafael Perera, Monserrat Conde, Jamie Hartmann Boyce

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**Sex and gender as predictors for allograft and patient-relevant outcomes after kidney transplantation**

Sumedh Jayanti, Nadim A Benuni, Juanita N Chui, Danny Deng, Amy Liang, Anita S Chong, Jonathan C Craig, Bethany Foster, Martin Howell, Siah Kim, Roslyn B Mannon, Ruth Sapir Pichhadze, Nicole J Scholes Robertson, Alexandra T Strauss, Allison Jaure, Lori West, Tess E Cooper, Germaine Wang

19 December 2024

[View Current Issue](#)**Altmetrics for Cochrane reviews**  
See trending reviews from the past week**Cochrane Interactive Learning**  
Learn how to conduct Cochrane reviews with Cochrane Interactive Learning[www.cochranelibrary.com](http://www.cochranelibrary.com)

# Cochrane Library - Datenbanksammlung

Cochrane reviews ▼

Searching for trials ▼

Clinical Answers ▼

- **Cochrane** Database of Systematic **Reviews** (CDSR)
  - Enthält alle Cochrane Reviews und Protokolle
  - 12 Ausgabe im Jahr
  - Kontinuierliche Aktualisierung
  - Impact Factor 2023: 8,8
- Cochrane Central Register of Controlled **Trials** (CENTRAL)
  - Enthält bibliographische Angaben zu RCTs (keine Volltexte!)
- Cochrane Clinical Answers

# Cochrane Clinical Answers

## Question:

### What are the effects of zinc for the prevention and treatment of the common cold or upper respiratory tract infections (URIs)?

Amin Sharifan

26 November 2024

<https://doi.org/10.1002/cca.4493>

## Clinical Answer:

For infants, children, and adults without colds or URIs, taking prophylactic zinc may make little or no difference to the proportion of people who develop a cold or URI up to seven months follow-up compared with placebo, or to the mean number of colds or URIs people develop at 5 to 18 months (low-certainty evidence). Children may miss slightly less school when taking prophylactic zinc (by around half a day); however, this difference may be of minimal importance (low-certainty evidence). Prophylactic zinc probably makes little to no difference to the mean duration of any colds or URIs (moderate-certainty evidence) and may make little to no difference to overall symptom severity, the proportion of children missing days from school, or the occurrence of serious adverse events (low-certainty evidence); however, the analysis was likely underpowered and suggests a possible increased risk of serious adverse events. The evidence on adverse events is very uncertain. No studies assessed days missed from work.

In children and adults with colds or URIs, low-certainty evidence suggests that treatment with zinc may reduce the average duration of colds or URIs by around 2.5 days; however, there may have been little to no difference between groups when studies at high or unclear risk of selection bias were excluded. Moderate-certainty evidence shows that zinc probably results in more adverse events compared with placebo (on average, 339 vs 254 per 1000 people). The most commonly reported adverse events were unspecified, followed by some form of taste aberration or gastrointestinal discomfort. The evidence about the effect of zinc on the risk of ongoing colds or URIs at the end of the study periods, overall severity of the cold, and days missed from school is very uncertain. No studies assessed days missed from work or serious adverse events.

## Cochrane Clinical Answers

### 1. Zinc versus placebo for the prevention of colds

Collapse All

#### OUTCOME 1.1 Proportion of participants developing colds/upper respiratory tract infections (URIs; follow-up: 5 days to 7 months)

#### Narrative result

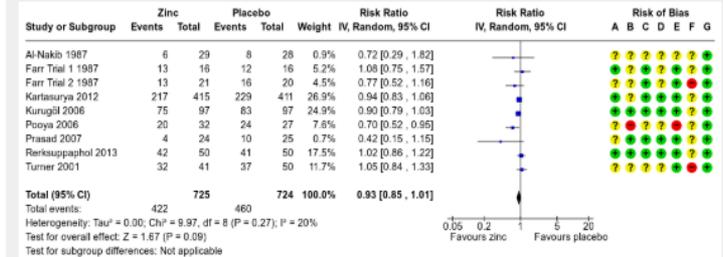
Nine RCTs with 1449 participants found no statistically significant difference between groups.[1]

#### Quality of the evidence

Reviewers performed a GRADE assessment of the quality of this evidence and stated that it was low certainty. See Summary of findings from the Cochrane Review

#### Relative effect or mean difference

There was no statistically significant difference between groups (RR 0.93, 95% CI 0.85 to 1.01).



#### Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

Figure 1

Forest plot from Cochrane Review

Open in figure viewer

#### Absolute effect

517 per 1000 people (95% CI 473 to 564) with zinc compared with 557 per 1000 people with placebo (calculated using median event rate).

#### Reference

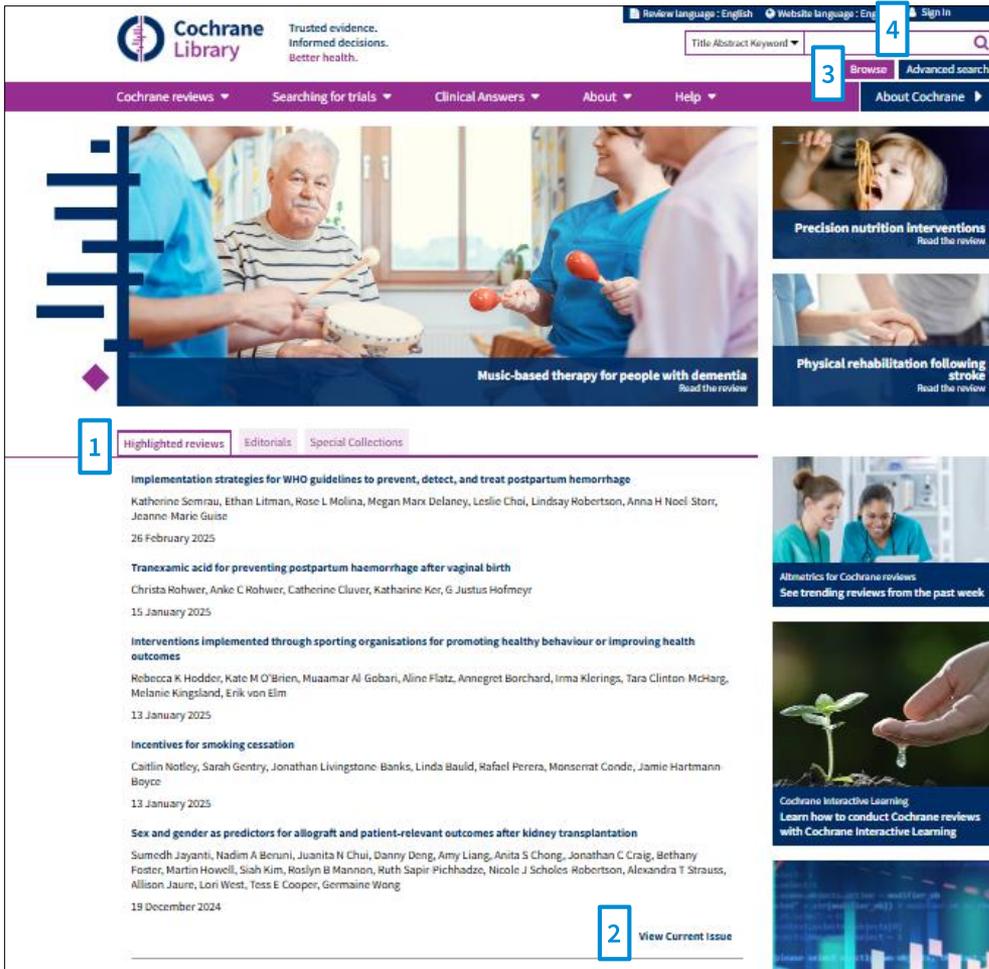
Nault D, Machingo TA, Shipper AG, Antiporta DA, Hamel C, Nourouzpour S, Konstantinidis M, Phillips E, Lipski EA, Wieland LS. Zinc for prevention and treatment of the common cold. *Cochrane Database of Systematic Reviews* 2024, Issue 5. Art. No.: CD014914. DOI: 10.1002/14651858.CD014914.pub2. Accessed 25 November 2024. Search date May 2023.

# Überblick

1. Inhalte der Cochrane Library
2. **Suche nach Cochrane Reviews**
3. Exemplarische Suche

# Suchmöglichkeiten für Cochrane Reviews

1. Highlighted Reviews
2. Current Issue
3. Browse-Funktion
4. Suchbox
5. Search-Tab
6. Search Manager



The screenshot shows the Cochrane Library homepage. At the top, there is a navigation bar with the Cochrane Library logo, the tagline 'Trusted evidence. Informed decisions. Better health.', and a search box with a dropdown menu for 'Title Abstract Keyword'. A 'Sign In' link is also present. Below the navigation bar, there are several featured articles and sections. A large banner at the top features a photo of an elderly man playing a drum, with the text 'Music-based therapy for people with dementia'. To the right of this banner are two smaller featured articles: 'Precision nutrition interventions' and 'Physical rehabilitation following stroke'. Below the banner, there is a section for 'Highlighted reviews' with a list of articles. A 'View Current Issue' button is located at the bottom right of the page.

1 Highlighted reviews Editorials Special Collections

2 View Current Issue

3 Browse Advanced search

4 Search

5-6

Implementation strategies for WHO guidelines to prevent, detect, and treat postpartum hemorrhage  
Katherine Semrau, Ethan Litman, Rose L Molina, Megan Marx Delaney, Leslie Choi, Lindsay Robertson, Anna H Noel Storr, Jeanne Marie Guise  
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19 December 2024

Precision nutrition interventions  
Read the review

Physical rehabilitation following stroke  
Read the review

Music-based therapy for people with dementia  
Read the review

Altimetrics for Cochrane reviews  
See trending reviews from the past week

Cochrane Inter-the Learning  
Learn how to conduct Cochrane reviews with Cochrane Interactive Learning



Trusted evidence.  
Informed decisions.  
Better health.

Review language: English Website language: English Sign In

Title Abstract Keyword

Browse Advanced search

Cochrane reviews

Searching for trials

Clinical Answers

About

Help

About Cochrane

## Cochrane Database of Systematic reviews: all issues

### Browse issues

- 2025
  - Issue 3 - Current issue
  - Issue 2
  - Issue 1
- 2024
- 2023
- 2022
- 2021
- 2020
- 2019
- 2018
- 2017
- 2016
- 2015
- 2014
- 2013
- 2012
- 2011
- 2010
- 2009
- 2008
- 2007
- 2006
- 2005
- 2004
- 2003

2025, Issue 3 | Reviews | Protocols



### Reviews

#### Intervention

##### Nonsteroidal anti-inflammatory drugs (NSAIDs) for acute renal colic

Kourosh Afshar, Jagdeep Gill, Hanan Mostafa, Maryam Noparast

<https://doi.org/10.1002/14651858.CD006027.pub3>

[Show preview](#) | [Intervention](#) | [Review](#) | 14 March 2025 | [New search](#) | [Conclusions changed](#)

[Abstract](#) | [PDF](#)

##### Postoperative nutritional support after pancreaticoduodenectomy in adults

Rachel H Robertson, Kylie Russell, Vanessa Jordan, Sanjay Pandanaboyana, Dong Wu, John Windsor

<https://doi.org/10.1002/14651858.CD014792.pub2>

[Show preview](#) | [Intervention](#) | [Review](#) | 14 March 2025

[Abstract](#) | [PDF](#)

##### Pelvic floor muscle training with feedback or biofeedback for urinary incontinence in women

Ana Carolina NL Fernandes, Cristine H Jorge, Mark Weatherall, Isadora V Ribeiro, Sheila A Wallace, E Jean C Hay-Smith

<https://doi.org/10.1002/14651858.CD009252.pub2>

[Show preview](#) | [Intervention](#) | [Review](#) | 11 March 2025 | [New search](#)

[Abstract](#) | [PDF](#)

##### Rituximab for people with multiple sclerosis

Graziella Filippini, Jera Kruja, Cinzia Del Giovane

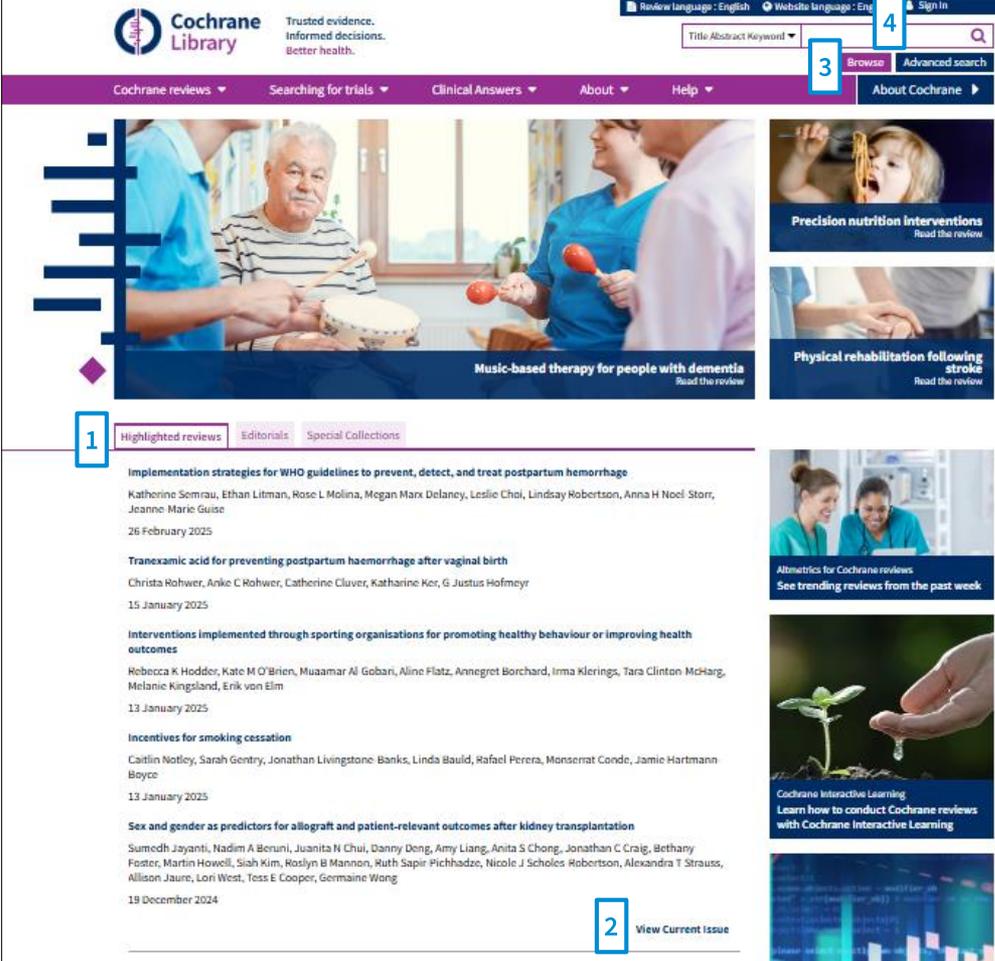
<https://doi.org/10.1002/14651858.CD013874.pub3>

[Show preview](#) | [Intervention](#) | [Review](#) | 11 March 2025 | [New search](#)

[Abstract](#) | [PDF](#)

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2. Current Issue
3. Browse-Funktion
4. Suchbox
5. Search-Tab
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1 Highlighted reviews Editorials Special Collections

2 View Current Issue

3-6

4

5

6

Implementation strategies for WHO guidelines to prevent, detect, and treat postpartum hemorrhage  
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19 December 2024

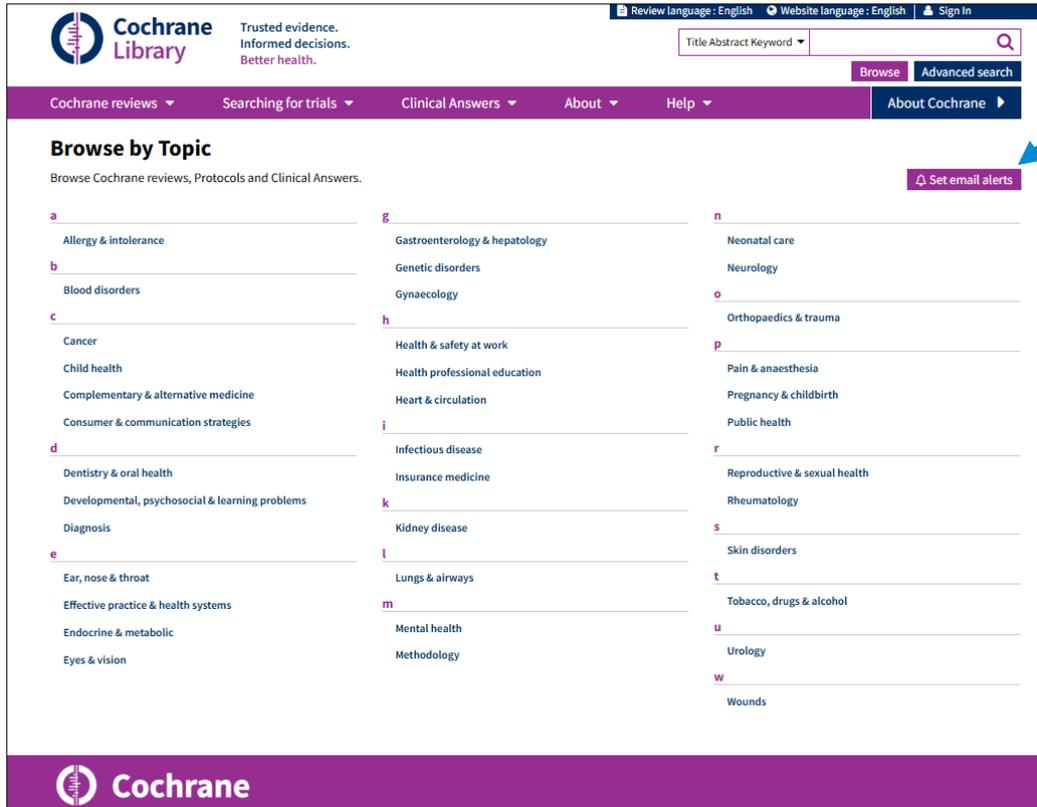
Precision nutrition interventions  
Read the review

Physical rehabilitation following stroke  
Read the review

Albumetrics for Cochrane reviews  
See trending reviews from the past week

Cochrane Inter-the Learning  
Learn how to conduct Cochrane reviews with Cochrane Interactive Learning

# Browse-Funktion



Review language: English Website language: English Sign In

Trusted evidence.  
Informed decisions.  
Better health.

Title Abstract Keyword

Browse Advanced search

Cochrane reviews Searching for trials Clinical Answers About Help About Cochrane

## Browse by Topic

Browse Cochrane reviews, Protocols and Clinical Answers.

**a** Allergy & intolerance

**b** Blood disorders

**c** Cancer  
Child health  
Complementary & alternative medicine  
Consumer & communication strategies

**d** Dentistry & oral health  
Developmental, psychosocial & learning problems  
Diagnosis

**e** Ear, nose & throat  
Effective practice & health systems  
Endocrine & metabolic  
Eyes & vision

**g** Gastroenterology & hepatology  
Genetic disorders  
Gynaecology

**h** Health & safety at work  
Health professional education  
Heart & circulation

**i** Infectious disease  
Insurance medicine

**k** Kidney disease

**l** Lungs & airways

**m** Mental health  
Methodology

**n** Neonatal care  
Neurology

**o** Orthopaedics & trauma

**p** Pain & anaesthesia  
Pregnancy & childbirth  
Public health

**r** Reproductive & sexual health  
Rheumatology

**s** Skin disorders

**t** Tobacco, drugs & alcohol

**u** Urology

**w** Wounds

Cochrane

# Email Benachrichtigungen

- Auswahl von Themen und Unterthemen
- wöchentliche Benachrichtigungen
- mit Wiley Account

Cochrane reviews ▾ Searching for trials ▾ Clinical Answers ▾ About ▾ Help ▾ About Cochrane ▶

### Set weekly email alerts

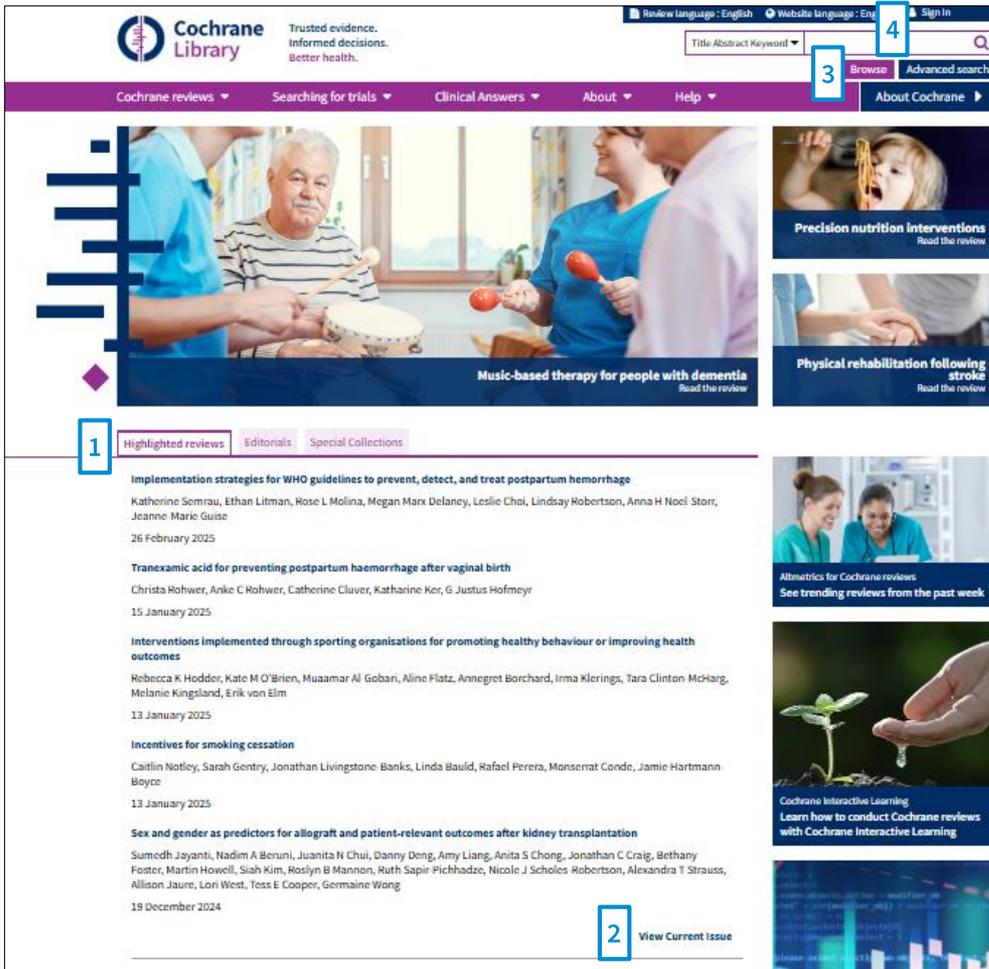
Sign up for weekly email alerts for selected topics Cancel Save changes

 You currently receive weekly alerts on 11 topics. You can edit your selections below, then save your changes.

<b>a</b>	<b>g</b>	<b>n</b>
<input checked="" type="checkbox"/> Allergy & intolerance (11/11) ▾	<input type="checkbox"/> Gastroenterology & hepatology (0/28) ▾	<input type="checkbox"/> Neonatal care (0/34) ▾
<input checked="" type="checkbox"/> Allergic aspergillosis	<input type="checkbox"/> Genetic disorders (0/10) ▾	<input type="checkbox"/> Neurology (0/23) ▾
<input checked="" type="checkbox"/> Allergic asthma	<input type="checkbox"/> Gynaecology (0/14) ▾	<b>o</b>
<input checked="" type="checkbox"/> Allergic conjunctivitis	<b>h</b>	<input type="checkbox"/> Orthopaedics & trauma (0/25) ▾
<input checked="" type="checkbox"/> Allergic dermatitis/eczema	<input type="checkbox"/> Health & safety at work (0/5) ▾	<b>p</b>
<input checked="" type="checkbox"/> Allergic rhinitis (hay fever)	<input type="checkbox"/> Health professional education (0/2) ▾	<input type="checkbox"/> Pain & anaesthesia (0/10) ▾
<input checked="" type="checkbox"/> Allergy prevention	<input type="checkbox"/> Heart & circulation (0/32) ▾	<input type="checkbox"/> Pregnancy & childbirth (0/31) ▾
<input checked="" type="checkbox"/> Allergy to stings & bites	<b>i</b>	<input type="checkbox"/> Public health (0/13) ▾
<input checked="" type="checkbox"/> Anaphylaxis	<input type="checkbox"/> Infectious disease (0/23) ▾	<b>r</b>
<input checked="" type="checkbox"/> Food allergies & intolerance	<input type="checkbox"/> Insurance medicine (0/6) ▾	<input type="checkbox"/> Reproductive & sexual health (0/8) ▾
<input checked="" type="checkbox"/> House dust mite allergy	<b>k</b>	<input type="checkbox"/> Rheumatology (0/16) ▾
<input checked="" type="checkbox"/> Latex allergy	<input type="checkbox"/> Kidney disease (0/11) ▾	<b>s</b>
<b>b</b>	<b>l</b>	<input type="checkbox"/> Skin disorders (0/19) ▾
<input type="checkbox"/> Blood disorders (0/8) ▾	<input type="checkbox"/> Lungs & airways (0/25) ▾	<b>t</b>
<b>c</b>	<b>m</b>	<input type="checkbox"/> Tobacco, drugs & alcohol (0/9) ▾
<input type="checkbox"/> Cancer (0/26) ▾	<input type="checkbox"/> Mental health (0/18) ▾	<b>u</b>
<input type="checkbox"/> Child health (0/31) ▾	<input type="checkbox"/> Methodology (0/5) ▾	<input type="checkbox"/> Urology (0/14) ▾
<input type="checkbox"/> Complementary & alternative medicine (0/29) ▾	<b>d</b>	<b>w</b>
<input type="checkbox"/> Consumer & communication strategies (0/8) ▾	<input type="checkbox"/> Dentistry & oral health (0/26) ▾	<input type="checkbox"/> Wounds (0/13) ▾
<b>d</b>	<input type="checkbox"/> Developmental, psychosocial & learning problems (0/4) ▾	
<input type="checkbox"/> Diagnosis (0/1) ▾	<b>e</b>	
<b>e</b>	<input type="checkbox"/> Ear, nose & throat (0/7) ▾	
<input type="checkbox"/> Effective practice & health systems (0/4) ▾		

# Suchmöglichkeiten für Cochrane Reviews

1. Highlighted Reviews
2. Current Issue
3. Browse-Funktion
4. Suchbox
5. Search-Tab
6. Search Manager



The screenshot shows the Cochrane Library homepage with several callouts:

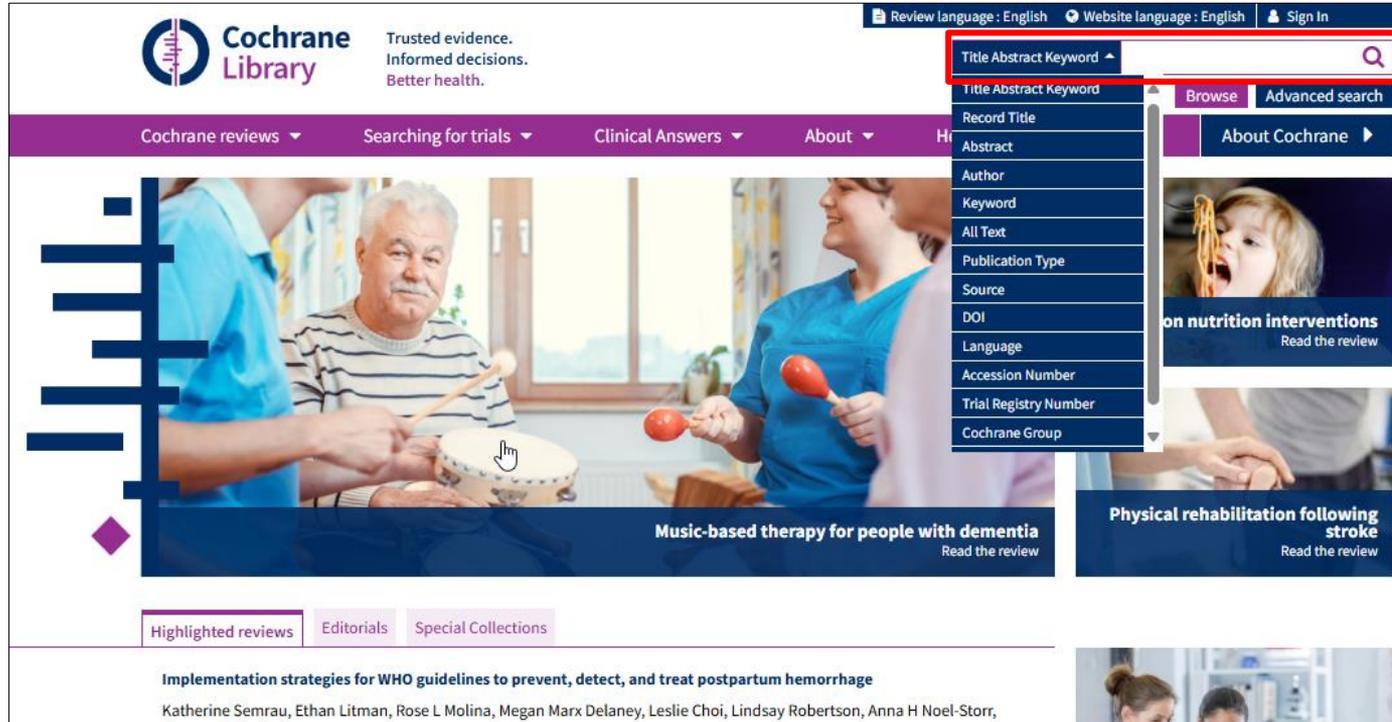
- 1**: Points to the 'Highlighted reviews' tab in the main content area.
- 2**: Points to the 'View Current Issue' button at the bottom right.
- 3**: Points to the 'Browse' button in the top navigation bar.
- 4**: Points to the search box in the top right corner.
- 5**: Points to the search tabs (Title, Abstract, Keyword) in the top right corner.
- 6**: Points to the search box in the top right corner.

Highlighted reviews:

- Implementation strategies for WHO guidelines to prevent, detect, and treat postpartum hemorrhage**  
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- Tranexamic acid for preventing postpartum haemorrhage after vaginal birth**  
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19 December 2024

Other featured content includes:

- Music-based therapy for people with dementia
- Precision nutrition interventions
- Physical rehabilitation following stroke
- Altimetrics for Cochrane reviews
- Cochrane Inter-the Learning



**Cochrane Library** Trusted evidence. Informed decisions. Better health.

Review language : English Website language : English Sign In

Title Abstract Keyword

Record Title  
Abstract  
Author  
Keyword  
All Text  
Publication Type  
Source  
DOI  
Language  
Accession Number  
Trial Registry Number  
Cochrane Group

Browse Advanced search

About Cochrane

**Music-based therapy for people with dementia**  
Read the review

**Physical rehabilitation following stroke**  
Read the review

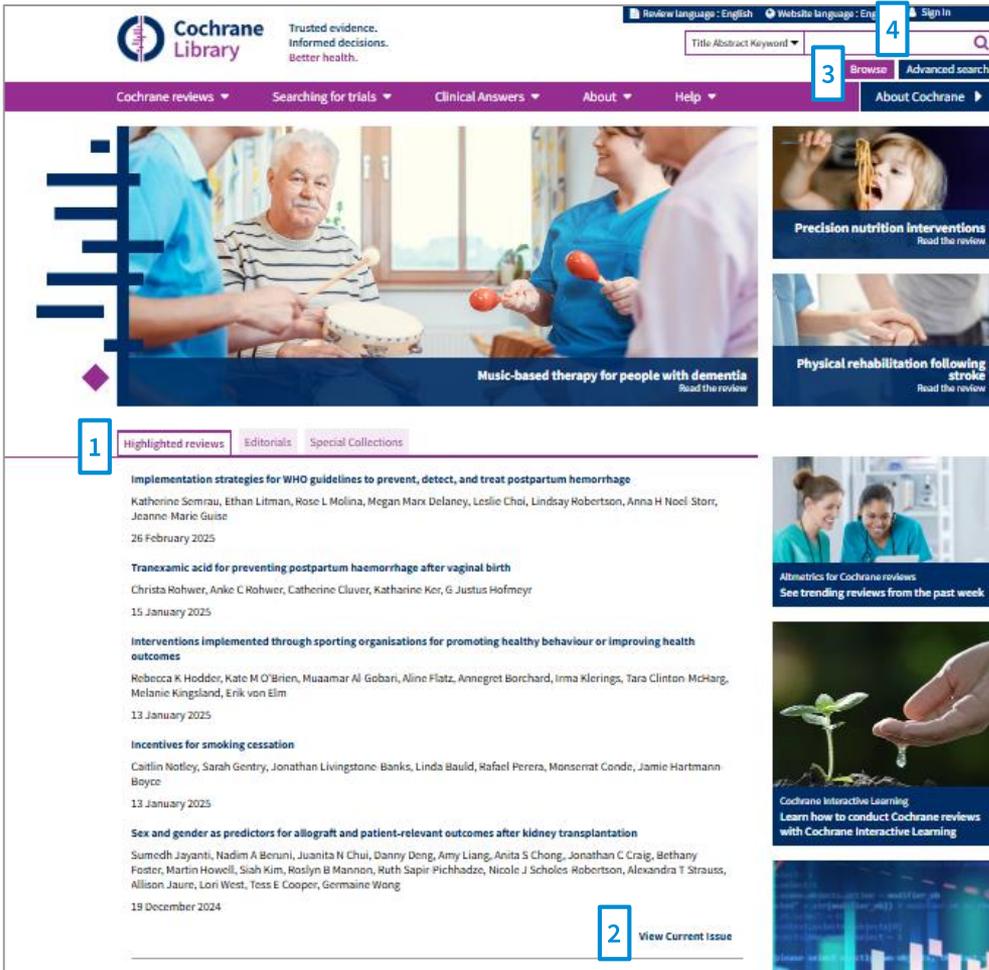
Highlighted reviews Editorials Special Collections

**Implementation strategies for WHO guidelines to prevent, detect, and treat postpartum hemorrhage**  
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- 1-2 Suchbegriffe
- Suche in bestimmten Feldern

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- 2**: Points to the 'View Current Issue' button at the bottom of the page.
- 3**: Points to the 'Browse' button in the top navigation bar.
- 4**: Points to the search box in the top navigation bar.
- 5**: Points to the search bar in the top navigation bar.
- 6**: Points to the search bar in the top navigation bar.

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13 January 2025
- Sex and gender as predictors for allograft and patient-relevant outcomes after kidney transplantation**  
Sumedh Jayanti, Nadim A Benuni, Juanita N Chui, Danny Deng, Amy Liang, Anita S Chong, Jonathan C Craig, Bethany Foster, Martin Howell, Siyah Kim, Roslyn B Mannon, Ruth Sapir Pichhadze, Nicole J Scholes Robertson, Alexandra T Strauss, Allison Jaure, Lori West, Tess E Cooper, Germaine Wong  
19 December 2024

Other featured reviews:

- Music-based therapy for people with dementia**
- Precision nutrition interventions**
- Physical rehabilitation following stroke**
- Altimetrics for Cochrane reviews**
- Cochrane Inter-the Learning**

# Datenbank-Syntax in der Cochrane Library

- Gängige Befehle sind anwendbar
- Weitere Möglichkeiten unter

AND  
OR  
NOT

Klammern  
( )

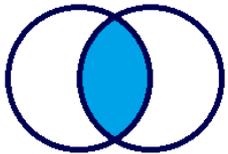
Phrasen  
" "

Trunkierung  
\*



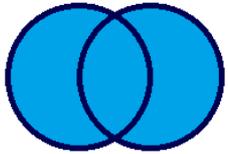
# Boolesche Operatoren (AND/OR/NOT)

## Verknüpfung von Suchbegriffen



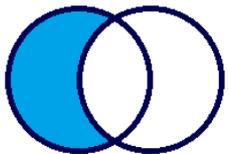
**AND**

**jeder** Suchbegriff muss vorkommen (Schnittmenge)



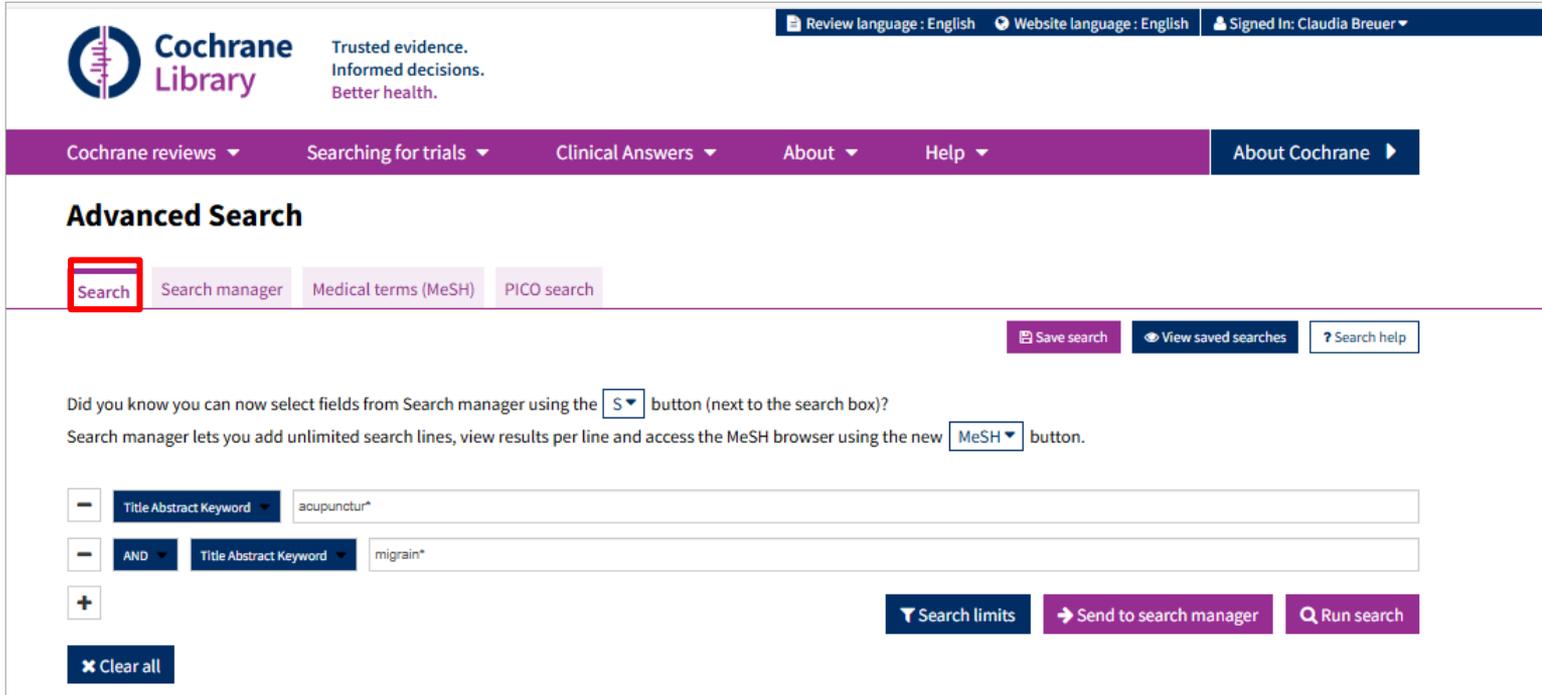
**OR**

**einer** der Suchbegriffe muss vorkommen (Vereinigungsmenge)



**NOT**

der **zweite** Begriff soll nicht vorkommen



The screenshot shows the Cochrane Library website's search interface. At the top, there is a navigation bar with the Cochrane Library logo and tagline "Trusted evidence. Informed decisions. Better health." on the left, and language and user information on the right. Below this is a purple navigation bar with menu items: "Cochrane reviews", "Searching for trials", "Clinical Answers", "About", "Help", and "About Cochrane". The main section is titled "Advanced Search" and contains several tabs: "Search" (highlighted with a red box), "Search manager", "Medical terms (MeSH)", and "PICO search". Below the tabs are buttons for "Save search", "View saved searches", and "Search help". A text block explains the "S" button (next to the search box) and the "MeSH" button. Below this are two search input fields: the first with a dropdown menu set to "Title Abstract Keyword" and the text "acupunctur\*", and the second with a dropdown menu set to "AND" and "Title Abstract Keyword" and the text "migrain\*". At the bottom, there are buttons for "Search limits", "Send to search manager", "Run search", and "Clear all".

- Suche in bestimmten Feldern, Autovervollständigung
- Filter
- bis zu 5 Suchzeilen können hinzugefügt werden

# Search Manager Tab

Cochrane reviews ▾ Searching for trials ▾ Clinical Answers ▾ About ▾ Help ▾ About Cochrane ▶

## Advanced Search

Search Search manager Medical terms (MeSH) PICO search

Save this search ▾ View/Share saved searches Search help

View fewer lines Print search history

+						
-	+	#1	MeSH descriptor: [Acupuncture] this term only	MeSH ▾	216	
-	+	#2	MeSH descriptor: [Acupuncture Therapy] explode all trees	MeSH ▾	7066	
-	+	#3	acupunct*	Limits	23306	
-	+	#4	electroacupunct*	Limits	4000	
-	+	#5	electro-acupunct*	Limits	812	
-	+	#6	#1 OR #2 OR #3 OR #4 OR #5	Limits	24314	
-	+	#7	MeSH descriptor: [Migraine Disorders] explode all trees	MeSH ▾	3860	
-	+	#8	migrain*	Limits	10503	
-	+	#9	#7 OR #8	Limits	10503	
-	+	#10	#6 AND #9	Limits	531	

✕ Clear all  Highlight orphan lines

- Viele Suchschritte möglich
- MeSH
- Treffer pro Suchschritt sichtbar
- Speicheroption

# Ergebnis der Suche

**Filter your results**

**Date** ⓘ

Publication date

- The last 3 months ..... 1
- The last 6 months ..... 2
- The last 9 months ..... 2
- The last year ..... 2
- The last 2 years ..... 6

Custom Range:

dd/mm/yyyy to dd/mm/yyyy

Apply Clear

**Status** ⓘ

- New search ..... 6
- Conclusions changed ..... 5

**Available Translations** ⓘ

- Español ..... 37

Show 18 more ▾

**Review Type** ⓘ

- Intervention ..... 34
- Methodology ..... 1
- Overview ..... 1
- Qualitative ..... 1

**Topics** ⓘ

- + Complementary & alternative medicine ..... 15

Cochrane Reviews 37 | Cochrane Protocols 5 | Trials 488 | Editorials 0 | Special Collections 0 | Clinical Answers 1 | More ▾

**37 Cochrane Reviews matching "#10 - #6 AND #9"**

Cochrane Database of Systematic Reviews  
Issue 3 of 12, March 2025

Select all (37)    Export selected citation(s)    Show all previews

Order by Relevancy ▾    Results per page 25 ▾

- Acupuncture for the prevention of tension-type headache**  
Klaus Linde, Gianni Allais, Benno Brinkhaus, Yutong Fei, Michael Mehring, Byung-Cheul Shin, Andrew Vickers, Adrian R White  
Intervention    Review    19 April 2016    Free access  
Show PICOs ▾    Show preview ▾
- Acupuncture for hypoxic ischemic encephalopathy in neonates**  
Greta Sibrecht, Ming Yin Wong, Rujan Shrestha, Matteo Bruschetti  
Intervention    Review    18 December 2024    New search    Conclusions changed  
Show PICOs ▾    Show preview ▾
- Acupuncture for neuropathic pain in adults**  
Zi Yong Ju, Ke Wang, Hua Shun Cui, Yibo Yao, Shi Min Liu, Jia Zhou, Tong Yu Chen, Jun Xia  
Intervention    Review    2 December 2017    Free access  
Show PICOs ▾    Show preview ▾
- Acupuncture for the prevention of episodic migraine**  
Klaus Linde, Gianni Allais, Benno Brinkhaus, Yutong Fei, Michael Mehring, Emily A. Vertosick, Andrew Vickers, Adrian R White  
Intervention    Review    28 June 2016    Free access  
Show PICOs ▾    Show preview ▾
- Acupuncture and related interventions for symptoms of chronic kidney disease**  
Kun Hyung Kim, Myeong Soo Lee, Tae-Hun Kim, Jung Won Kang, Tae-Young Choi, Jae Dong Lee  
Intervention    Review    28 June 2016    Free access  
Show PICOs ▾    Show preview ▾
- Transcranial direct current stimulation (tDCS) for improving activities of daily living, and physical and cognitive functioning, in people after stroke**

# Überblick

1. Inhalte der Cochrane Library
2. Suche nach Cochrane Reviews
3. **Exemplarische Suche**

# Fragestellung im PICO-Schema

## Ist Akupunktur bei Migräne wirksam?

<b>Patients/Population</b>	Patienten mit Migräne	<i>Migraine</i>
<b>Intervention</b>	Akupunktur	<i>Acupuncture</i>
<b>Comparison/Control</b>	alle	-
<b>Outcome</b>	alle	-

# Jetzt sind Sie dran!

Hilft Zink bei Erkältung?

Suchen Sie einen passenden  
Cochrane Review mit  
Advanced Search – Search Tab

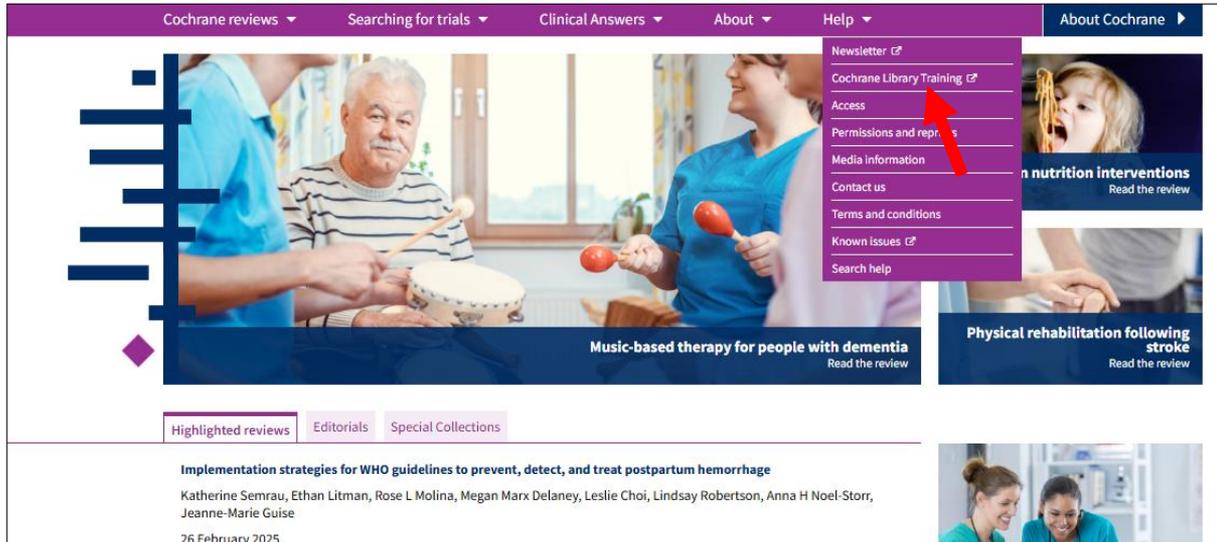


The screenshot shows the Cochrane Library website. At the top left is the Cochrane Library logo with the tagline "Trusted evidence. Informed decisions. Better health." To the right, there are language selection options for "Review language" and "Website language", both set to "English", and a "Sign In" link. Below this is a search bar with a dropdown menu set to "Title Abstract Keyword" and a search icon. Underneath the search bar are two buttons: "Browse" and "Advanced search". A red arrow points to the "Advanced search" button. Below the search bar is a purple navigation bar with several menu items: "Cochrane reviews", "Searching for trials", "Clinical Answers", "About", "Help", and "About Cochran". Below the navigation bar is a banner image showing a healthcare professional interacting with an elderly man. To the right of the banner is a small promotional box for "Precision nutrition interventions" with a "Read the review" link.

# Überblick

1. Inhalte der Cochrane Library
2. Suchmöglichkeiten nach Cochrane Reviews
3. Exemplarische Suche
4. **Hilfreiche Materialien**

# Hilfreiche Materialien



The screenshot shows the top navigation bar of the Cochrane website. The 'Help' dropdown menu is open, listing the following options: Newsletter, Cochrane Library Training, Access, Permissions and republishing, Media Information, Contact us, Terms and conditions, Known issues, and Search help. A red arrow points to the 'Search help' option. Below the navigation bar, there are featured review cards for 'Music-based therapy for people with dementia' and 'Physical rehabilitation following stroke'. At the bottom, there is a section for 'Implementation strategies for WHO guidelines to prevent, detect, and treat postpartum hemorrhage' with a red arrow pointing to the 'Search help' link in the navigation bar.

Cochrane reviews ▾ Searching for trials ▾ Clinical Answers ▾ About ▾ Help ▾ About Cochrane ▶

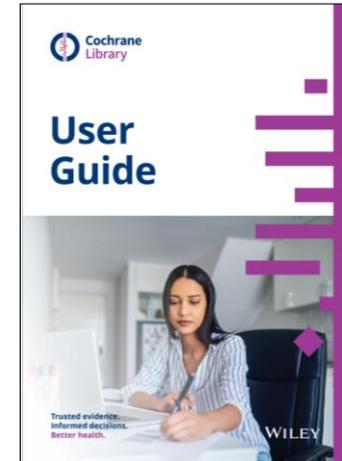
- Newsletter ↗
- Cochrane Library Training ↗
- Access
- Permissions and republishing
- Media Information
- Contact us
- Terms and conditions
- Known issues ↗
- Search help

**Music-based therapy for people with dementia**  
Read the review

**Physical rehabilitation following stroke**  
Read the review

Highlighted reviews Editorials Special Collections

**Implementation strategies for WHO guidelines to prevent, detect, and treat postpartum hemorrhage**  
Katherine Semrau, Ethan Litman, Rose L Molina, Megan Marx Delaney, Leslie Choi, Lindsay Robertson, Anna H Noel-Storr, Jeanne-Marie Guise  
26 February 2025



The image shows the cover of the 'Cochrane Library User Guide'. The cover features the Cochrane Library logo at the top left, the title 'User Guide' in large blue letters, and a photograph of a woman working at a laptop. The Wiley logo is at the bottom right. A red arrow points to the 'Search help' link in the navigation bar of the screenshot above.

Cochrane Library

## User Guide

Trusted evidence. Informed decisions. Better health.

WILEY

? Search help

# Lunch & Learn

**HANDOUT** **AUFZEICHNUNG**



Weitere Handouts und Aufzeichnungen vergangener  
Webinare auf <https://www.cochrane.de>

Nächster Termin:

*21. Mai 2025: Cochrane Reviews lesen und verstehen*

Übersetzungen



Social Media



Workshops & Events

Newsletter

Unser Blog

Ressourcen



 **WISSEN WAS WIRKT**



# Weiterführende Cochrane Workshops

Metaanalysen (Grundlagen)

08. - 09. & 15. - 16. Mai 2025 (online)

Systematische Übersichtsarbeiten  
erstellen

25. - 26. & 29. - 30. September 2025 (online)

Meta-analysis and network meta-  
analysis with R

09. - 10. Oktober 2025 in Freiburg im Breisgau

<https://www.cochrane.de/veranstaltungen>



## Workshops

Wenn Sie über **neue Termine** benachrichtigt werden wollen, melden Sie sich einfach auf unserer **Interessant\*innen-Liste für Veranstaltungen von Cochrane Deutschland** an. Wir informieren Sie dann individuell über den Start der Online-Anmeldungen für unsere Veranstaltungen in Frühjahr & Herbst.

<https://www.cochrane.de/interessentenliste-workshops>



## 4. Symposium der Cochrane Deutschland Stiftung

**„Integrität in der Wissenschaft –  
gemeinsam gegen Betrug“**

**Wann: 25. bis 26. März 2025**

**Wo: Präsenzveranstaltung in Freiburg**

**Teilnahme kostenlos, Anmeldung erforderlich**

<https://www.cochrane.de/events>



## **EbM-Kongress 2024 (EbM Netzwerk)**

**„Die EbM der Zukunft –  
packen wir’s an“**

**Wann: 26. bis 28. März 2025**

**Wo: Präsenzveranstaltung in Freiburg**

**Registrierung offen**

<https://www.ebm-kongress.de>



# Evaluation



[https://survey.lamapoll.de/Lunch\\_and\\_Learn\\_Cochrane\\_Reviews\\_finden\\_Einfuehrung\\_in\\_die\\_Cochrane\\_Library\\_20250226/de](https://survey.lamapoll.de/Lunch_and_Learn_Cochrane_Reviews_finden_Einfuehrung_in_die_Cochrane_Library_20250226/de)

[workshops@cochrane.de](mailto:workshops@cochrane.de)

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des Deutschen Bundestages

